

1 DAY WORKSHOPS



Latin Dancing

ONE

DAY

Full On

Yet Fun.

For Beginners

**Arrive at 10AM,
and leave at 5PM
as a dancer.**

HOW WILL YOU LEAVE?

Aching everywhere, dead tired, or very relaxed because you mainly watched your partner?



That fully depends on you.

The 1st rule is that you feel at ease, and safe.

You skip dance styles that are not for you.

10:00 to 17:00

WHERE?

**EITHER IN THIS RETREAT
IN YUNQUERA...
FOR 4-8 PARTICIPANTS.**



**OR 100% personalised
to you, at your home,
for 2-8 participants.**

WHAT WILL YOU LEARN?

Though it will also depend on the group, what we are good at, or have quick potential for, and what not...

How to be a leader.



Body Language.

From the easiest style (Merengue) to the most popular ones (Bachata, Salsa).

How to persuade a reluctant partner.

How to make your partner shine.

"I'M NOT A DANCER"

That will be your secret then, that nobody else would pick up on. We'll find the moves, style and attitude that work for you.

A dancer in 1 day?



And you WILL know a routine, for your morning gym and any dance floor.

Mm, no, just as you cannot become an athlete in one day.

What you do get is a massive boost though, a breakthrough.

WHY IN A RETREAT?

So there's no distraction.

So that there's coffee, tea, water,
and a kitchen should you bring food.



So that you
can also go
relax in the
sun.

So that
afterwards
you can also
explore a
really
authentic
village, or
the National
Park.

To turn
the day
into an
EXPERIENCE,
a day out.



About Ben

(Brussels, Belgium).

Ben might have gone to Latin School at age 12, which became the basis for his love for languages...

all free time went to a dance group, that for existing out of boys only, was asked to perform all over Europe and the USA.

And then at age 30, there were 3 months in Havana, the start of the love for Latin Dancing.



"What you make fun and fascinating, is what you will assimilate in No Time".

Min. 4 and max. 8 people.

Start at 10 AM, end 5 PM.

Not included: should you go for lunch in the village.

Please keep any lunch a light one! :)



Yunquera.

(Or at YOUR home,
2-8 people).